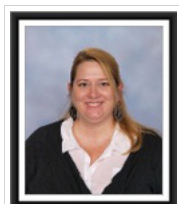




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19 September 2014

Admin News



You would think it has been quiet week in the school this week with Year 9s and 11s on camp and our Year 10s on work experience, but as usual the end of the term is busy until the end with 8s and 12s still involved in assessment, and an alternative program running on Thursday and Friday.

Thank you to the small businesses and local and government agencies who have supported our Year 10 students for work experience. Gaining "real life" experience is always a powerful tool for assisting students in the decisions for future goal setting. We get excellent feedback on the work ethic of the students, and without community support, we would not be able to offer this opportunity.

Congratulations and appreciation to Dave Scutt (Year 11 Coordinator) and Sam Davoren (Year 9 Coordinator) for their roles in preparing for the camps. This is a massive job and always very important to the educational outcomes of our students. These teachers spend weekends fundraising and organising the logistics of a camp and it is much appreciated. Simone Pix and Nick Stead are also congratulated for attending the camps with the students and I have heard that both camps have been highly successful.

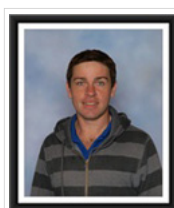
The Queensland Core Skills Test was administered on September 2 and 3 to thirteen students keen to get their OP. These students sat the test along with 30,000 other students in Queensland, and they all took their preparation and deliberation of the test seriously. Well done to the students.

As you are aware, we implemented a Wellbeing Program this year, with an allocated 40 minutes of a wellbeing lesson every Monday morning, inviting guest speakers from the community in particular to talk about good choices, mental and physical health and risk taking. We have had guests from Alcohol Tobacco and Other Drugs, Medicare Local, Royal Flying Doctor Service and Queensland Police talking to our students and encouraging every student make the right choices. Community links are very important to a school, and again, we thank all those who have made the effort to come into the school and support staff and students.

All of the staff at Longreach SHS wish you a safe and enjoyable holiday, and we look forward to seeing everyone on October 7 with the Monday of that week being a public holiday.

Lisa Veney
Acting Deputy Principal

Curriculum Head of Department's Message

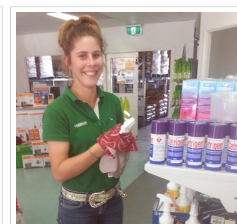
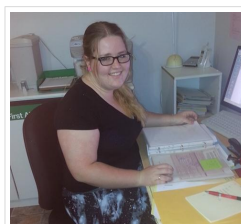


Work Experience

During the week, the Year 10 students participated in work experience as a part of their Certificate II in Workplace Practices. Students were placed at 40 different local businesses who all volunteered their time to host our students. This program provides students with the opportunity to put their theoretical knowledge into the practical setting of the workplace. It also allows students to sample a career path and to see whether that may be an area they wish to pursue for the future.

This program is effective in providing our Year 10 students with some direction for the future - whether to move to an apprenticeship/traineeship in 2015 or help them to decide which subjects they need to focus on during Year 11 and 12 to be able to access their desired career path.

This could not happen without the support of local businesses within our community. Thank you to all the businesses who volunteered to take on our Year 10 students for the week. We appreciate your continued support of Longreach SHS students.



Nick Stead
Curriculum HOD

Guidance Officer's Message



Cyber Bullying

It seems that on a daily basis we hear about bullying in the community in one form or another. Incidences of cyber bullying in particular have been raised in the media recently. Bullying of any kind has the potential to cause great damage to all concerned – including the perpetrator. As parents, there are steps we can take to protect our children. Following are some good websites which contain tips, strategies and real life stories of incidents that have occurred to children and teenagers. Please take an opportunity to check out these websites and discuss this important issue with your children.

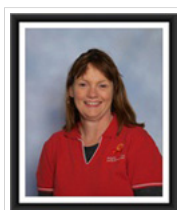
<http://www.cybersmart.gov.au/>

<http://www.wiseuptoit.com.au/>

<http://www.bullyingnoway.com.au/>

Please contact your child's teacher or school administration if you have concerns about bullying at school.

Chaplain's Message:



Chappy's Corner

In a world that is always changing and telling you, you have to change with it, we can find it hard to know who we really are. Going through the teenage years working out who one is without all the mixed messages that come from the media or your peers.

You have to look like this; you need to talk like this; you should be wearing that, not this; your hair should be cut like that; if you want to be a part of my group you need to do this; it's ok to drink this, no one will find out; you can do that, your mum won't mind.

And it goes on and on and on until it reaches the point where you really don't know who you are, how you are to react, what you are to do to fit into this teenage culture, and if you are not careful, these thoughts can lead you into a downward spiral – to a place where you begin to think there is no way out.

Can I encourage you to be strong; to be strong enough to be comfortable in **who you are**. Choose today to be the person you were meant to be. Yes, it is a long road to finding out who we are, but it is possible. Begin by not letting others lead you astray from your values. Don't allow them to pull you down; don't lower your standards. Be proud in who you are. A quote from Michael Tuahine "cookie cut out the ones who are holding you back". Be encouraged to "cut" out the thoughts and the people who are trying to pull you down, to hold you back from the person you are meant to be. You are a CHAMPION. Begin to believe that.

Today

Choose today to be the very best version of YOU

Choose today to LOVE the person that you are!

Choose today to look for the best in others

Choose today to dream new dreams

Choose today to forgive someone who upsets you

Choose today to make wise choices

Choose today to make a difference

Choose today to be AMAZING

Choose today to encourage

Choose today to SHINE!

Jenny Edwards

Chaplain

Instrumental Music



In the first week of Term 4 we have the QSO (Qld Symphony Orchestra) visiting all the local schools in the area. Our day is Thursday 9 October. There will be a whole school demonstration at 10.00 am until 10.30 am and then there will be workshops for our Longreach and Barcardine bands

followed by a concert that night. Mr. Osman will be away for the last week of Term 3 so there are no band rehearsals for any bands in week 10.

The QSO is running workshops for the local community and schools during the first week back at school. The day for Longreach SHS workshops and demonstration is Thursday 9 October. Students will need to bring their instruments and all music etc. for the workshop. Band rehearsal will be on in the morning as normal and afterwards we will set up for the QSO arrival. There will be a concert that our students will be involved in on the Thursday evening at the Qantas Museum. Canapés will be available from 6.15 pm and the concert will start at 7 pm. Students should be at the museum in band uniform by 6.30 pm. The concert will involve several community groups and schools as well as the QSO. We need all of our students to attend the workshops on Thursday AND the concert on the Thursday night. Everyone is welcome to come to the concert which will also feature two quintets made up of the QSO personnel.

Upcoming Events:

Qld Symphony Orchestra Workshop and Concert – 9 October. (Details above).

Longreach State High School Awards Night: November 6 - 7 pm. Band Performance.

Longreach State School Awards Night: November 28 - 7pm.

Jason Osman

Instrumental Music

House Keeping:

Important Junior Secondary Dates

- Year 6/7 Parent Evening Monday 27 October 6 pm Longreach High School Library
- Year 6/7 Transition day Monday 24 November 9.00 am to 3.10 pm
- Year 6/7 Interviews with LSHS Principal November 10 to 28. All new students entering Longreach High School need an interview with the Principal. Parents

can contact the office on 4652 8333 to arrange a time.

Library

Please ensure all overdue library books are returned to the school. If books are not returned by the end of week one in Term 4 an invoice will be issued to recoup the cost of replacement books.

If your students' book is in their classroom, it is their responsibility to collect it and return it to the library. If you have any queries regarding the overdue library book notice that was issued this term please contact me directly on 4652 8318.

Lisa Clarke
Teacher Aide/Library

Finance

Please ensure all accounts are paid before the end of the year. If you are having any difficulty paying your account please contact me to arrange a payment plan.

Kerrie Baker
Business Services Manager

Coming Events

P & C Meetings

The next P & C meeting will be held on **Monday 27 October at 7 pm** in the Library. Everyone is welcome to come along.

Important Notices:

School Watch

With the holidays fast approaching, we need you to look out for after-hours crime in our school.

If you see anything suspicious, please don't attempt to intervene. Call the School Watch number – 13 17 88.

The School Watch Program is a partnership between Education Queensland, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in Queensland schools.

Keep the number handy – 13 17 88 – and let's work together to help create a safer school community.

For more about the School Watch Program contact Education Queensland's School Security Section on (07) 3237 0874.

Longreach Junior Cricket

Junior cricket will commence on Saturday 11 October from 8.30 am at the High School Multi Purpose Shed and oval. The session usually runs for 2 hours and will finish around 10.30 am. Children from the age of 5 are welcome and registration forms will be available on the day.

Please contact John Roworth on 0428 581 356 if you have any queries.

You can also register on line at <http://www.in2cricket.com.au/>

Thank You

Thank you to the students, staff and parents for attending the Basketball Police/Parents/Teachers vs Youth on Friday. A big thank you also to Ben Cross for organising the student team and practices. The event had a great turn out (72 attended) with positive feedback from the Community. Thank you Nick Stead for co-ordinating the school resources and umpiring and Mr Sampson on the score board.

Much appreciated

Marama Kani, Youth Connections Mentor, Central West Region

Katy Perry Competition

Katy Perry is coming to Australia on her Prismatic World Tour this November and December. While she's here, she'd like to meet students from one of Australia's most inspiring schools. So Katy and Telstra are asking you to create a video demonstrating what makes your school special, unique and inspirational. Katy will then visit the winning school herself!

Schools play an integral role in fostering talent and creative development. So Telstra Thanks will also provide the winning school with a \$10,000 grant for their performing arts department. Two runner up schools will each receive a \$5,000 grant. Entries will be judged on their creativity.

For more information on how to enter go to <https://countmein.telstra.com.au/katyperry/>

Stiltwalkers

Shockwave stilt walkers. Do you want to walk on stilts and create a performance for the Christmas street party? Please phone or message Noni Rutherford on 0458 539 913.