



Longreach State High School uses the <u>Australian Student Wellbeing</u> <u>Framework</u> to promote positive relationships and the wellbeing of all students, staff and visitors at the school.

Our staff know student learning is optimised when they feel connected to others and experience safe and trusting relationships. Students who feel secure are more likely to be active participants in their learning and to achieve better physical, emotional, social and educational outcomes. Teachers who feel valued and supported are more likely to engage positively with students and build stronger connections within the school community. Parents who are positively engaged with their child's education leads to improved student self-esteem, attendance and behaviour at school. Enhancing the wellbeing of students and their educators delivers overall long-term social, health and economic benefits to the Australian community.

Bullying

The agreed national definition for Australian schools describes bullying as

- ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm;
- involving an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening;
- happening in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records);
- having immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

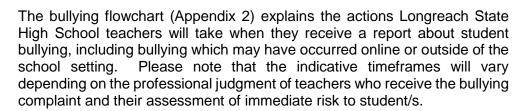
However, these conflicts are still considered serious and need to be addressed and resolved. At Longreach State High School our staff will work to quickly respond to any matters raised of this nature in collaboration with students and parents.

Students are encouraged to use Stymie to report incidents of bullying or concern for other students. Both the victim and accused are interviewed for further support and intervention. See Appendix 1.



Preventing and Responding to Bullying	Version 1.0	Version Date: 22 nd November 2020	Review Date: August 2021
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Cyberbullying

Cyberbullying is treated at Longreach State High School with the same level of seriousness as in-person bullying. The major difference with cyberbullying however, is that unlike in-person bulling, cyberbullying follows students into their community, their homes and their bedrooms, giving them no opportunity to escape the harassment or abuse during the evening, weekends or holidays.

In the first instance, students or parents who wish to make a report about cyberbullying should approach the Year Level Coordinator, Head of Department or Deputy Principal for assistance in preventing and responding to cyberbullying.

It is important for students, parents and staff to know that state school principals have the authority to take disciplinary action to address student behaviours that occur outside of school hours or school grounds. This includes cyberbullying. Parents and students who have concerns about cyberbullying incidents occurring during school holidays should immediately seek assistance through the Office of the e-Safety Commissioner or the Queensland Police Service.

Students enrolled at Longreach State High School may face in-school disciplinary action, such as detention or removing of privileges, or more serious consequences such as suspension or exclusion from school for engaging in behaviour that adversely affects, or is likely to adversely affect, other students or the good order and management of the school. This includes behaviour such as cyberbullying which occurs outside of school hours or settings, for example on the weekend or during school holidays. It also applies to inappropriate online behaviour of enrolled students that is directed towards other community members or students from other school sites.

Parents or other stakeholders who engage in inappropriate online behaviour towards students, staff or other parents may be referred to **the Office of the e-Safety Commissioner and/or the Queensland Police Service**. State school staff will be referred for investigation to the Integrity and Employee Relations team in the Department of Education. Any questions or concerns about the school process for managing or responding to cyberbullying should be directed to the Deputy Principal.

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Cybersafety and Reputation Management (CRM)

The Department of Education employs a dedicated team of experts to assist in maintaining the integrity of the department's reputation with regards to cybersafety and reputation management issues, effectively leading the development and implementation of departmental cybersafety processes.

This team provides **direct support for schools** to respond to concerns of inappropriate online behaviour and misuse of information and communication technology.

The team provides a <u>guide for parents</u> with important information about cybersafety and cyberbullying, and suggestions about what you can do if your child is a target or responsible for inappropriate online behaviour.

The team has also developed a <u>Cyberbullying and reputation management</u> resource to assist principals in incident management.

Student Intervention and Support Services

Longreach State High School recognises the need to provide intervention and support to all students involved in incidents of bullying, including cyberbullying.

Students who have been subject or witness to bullying can self refer or be referred to the Student Support Team as stated in the Student code of conduct. Students are encouraged to approach any staff member with whom they feel comfortable sharing their concerns, regardless of their role in the school. All staff at Longreach State High School are familiar with the response expectations to reports of bullying, and will act quickly to ensure students' concerns are addressed. Depending on the nature of the reported bullying incident, a formal plan of action may be developed and documented to support the implementation of strategies to assist the student.

Students who engage in bullying behaviours towards others will also be provided with support to assist them to use more socially acceptable and appropriate behaviours in their interactions. This includes counselling, social development programs, referral to mental health services or involvement in a restorative justice strategy. School disciplinary measures may also be used to reinforce the seriousness with which the community takes all incidents of bullying. These measures may include alternative learning program, withdrawal from social events or celebrations or more severe disciplinary consequences such as suspension or exclusion from school.

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Make A Notification

The information you are entering is about someone you believe is being bullied or harmed. You are making an anonymous notification however; you must be **truthful and responsible.**

Which School/Sporting Club do they go to? *	
The series of special great and sincy go to.	
This notification is mostly about *	
	~
Which grade or year are they in?	
What happened? 50 characters minimum	
Where did this happen?	
	~
How many others were involved?	
	~
How often does this happen?	
	~
☐ I understand that this notification may not be read immedia outside of school hours. You must check this box before sendi	-

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Bullying response flowchart

Please note these timelines may be adjusted depending on the unique circumstances and risk associated with each situation. This is at the professional judgment of the staff involved. Timeframes should be clearly discussed and agreed with student and family.

First hour Listen

- · Provide a safe, quiet space to talk
- · Reassure the student that you will listen to them
- . Let them share their experience and feelings without interruption
- If you hold immediate concerns for the student's safety, let the student know how you
 will address these. Immediate in this circumstance is where the staff member believes
 the student is likely to experience harm (from others or self) within the next 24 hours.

Day one Document

- Ask the student for examples they have of the alleged bullying (e.g. hand written notes or screenshots)
- · Write a record of your communication with the student
- . Check back with the student to ensure you have the facts correct
- . Enter the record in OneSchool
- . Notify parent/ s that the issue of concern is being investigated

Day two Collect

- · Gather additional information from other students, staff or family
- Review any previous reports or records for students involved
- Make sure you can answer who, what, where, when and how
- Clarify information with student and check on their wellbeing

Day three Discuss

- Evaluate the information to determine if bullying has occurred or if another disciplinary matter is at issue
- . Make a time to meet with the student to discuss next steps
- . Ask the student what they believe will help address the situation
- Engage the student as part of the solution
- · Provide the student and parent with information about student support network
- · Agree to a plan of action and timeline for the student, parent and yourself

Day four Implement

- · Document the plan of action in OneSchool
- · Complete all actions agreed with student and parent within agreed timeframes
- . Monitor the student and check in regularly on their wellbeing
- · Seek assistance from student support network if needed

Day five Review

- Meet with the student to review situation
- Discuss what has changed, improved or worsened
- · Explore other options for strengthening student wellbeing or safety
- · Report back to parent
- · Record outcomes in OneSchool

Ongoing Follow up · Continue to check in with student on regular basis until concerns have been mitigated

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- · Record notes of follow up meetings in OneSchool
- · Refer matter to specialist staff within 48 hours if problems escalate
- Look for opportunities to improve school wellbeing for all students

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